

Resource List for Greater Kansas City Area

Foster and Adoption Resources

This list is provided by the Trauma Healing Center, Inc. of Kansas City. This list is not comprehensive of all of the excellent resources in our community. If you need additional service, please do not hesitate to contact us for a recommendation.

Counseling Resources

Creating Connection - <https://www.creatingconnectionkc.com/>

Attachment & Trauma Therapy - <https://attachmentandtraumatherapy.com/about/>

Pediatric Connections - www.pediatricconnectionsot.com

Serenity Life KC (various locations) - www.serenitylifekc.org

Websites and Podcasts

Big Life Journal - www.biglifejournal.com

(I highly recommend signing up for the free printables, and their fb page has very valuable resources.)

K-PARC: Serving Kansas - <https://www.adoptkskids.org/for-families/k-parc/>

EAR SKILLS: How to Listen Well - <https://youtu.be/p6WFWPXu2KA>

Dr. Michelle Watson - <https://www.drnichellewatson.com/about>

TBRI Institute - www.child.tcu.edu

Prayer Ministry

Soul Healing in the City - <https://soulhealinginthecity.com/>

Books for Parents

Building Bounce with Kids by Stefanie Hinman

Understanding the Wounded Heart by Marcus

Warner

The Connected Child by Karyn Purvis

Childhood Disrupted by Donna Jackson Nakazawa

Books for Kids

The Colors of Us by Karen Katz

How Do I Feel? A little guide to my emotions -

www.dk.com

Big Life Journal - www.biglifejournal.com

DISCLAIMER: While we are not responsible for the quality of care you receive at these organizations, each of these organizations are known within our network for helping people in their healing and recovery from life's challenges. No single organization is a perfect match for everyone. If you are seeking help, and you do not find a good counseling fit on your first try, keep trying! You are worth it!
