Resource List for Greater Kansas City Area Virtual Resources

This list is provided by the Trauma Healing Center, Inc. of Kansas City. This list is not comprehensive of all of the excellent resources in our community.

Individual Counseling Building Bridges - https://buildingbridgeskc.org/ Erin Herner (KCMO) - https://www.erinkellyherner.com/ Judy Kyle (JOCO) - judy@providencelifestyle.org (women only) My Counselor - https://mycounselor.online/ Global Counseling Network - http://www.globalcounselingnetwork.com/

Local Prayer Ministries

Freedom Fighters* - <u>https://freedomfightershq.org/start-here</u>

<u>Classes</u>

Beth Combs - <u>https://informedbodyhealing.com/</u> Alive & Well - <u>https://www.alivewell.org/</u>

National Organizations

(Additional counseling recommendations as well as other resources may be available through these

<u>organizations.)</u>

Lydia Discipleship Ministries* - https://www.lydiadm.org/

Dr Michele Canfield* - https://www.drmichellewatson.com/about drmichellewatson@gmail.com

Diane Hawkins Restoration in Christ Ministries* - https://www.rcm-usa.org/index.html

Melissa Finger - <u>www.melissafinger.com</u> (for books and videos)

Deeper Walk International - https://deeperwalkinternational.org/

DISCLAIMER: While we are not responsible for the quality of care you receive at these organizations, each of these organizations are known within our network for helping people in their healing and recovery from life's challenges. No single organization is a perfect match for everyone. If you are seeking help, and you do not find a good counseling fit on your first try, keep trying! You are worth it!