

# Resource List for Greater Kansas City Area Trauma Specialists

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*This list is provided by the Trauma Healing Center, Inc. of Kansas City. This list is not comprehensive of all of the excellent resources in our community.*

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## Individual Counseling

Erin Herner (KCMO) - <https://www.erinkellyherner.com/>  
Judy Kyle (JOCO) - [judy@providencelifestyle.org](mailto:judy@providencelifestyle.org) (women only)  
Building Bridges (various locations) - <https://buildingbridgeskc.org/>  
Clint Thomas (Blue Springs) - 816-272-1690  
Kassie Castaneda (JOCO) - [www.riversofrefreshing.org](http://www.riversofrefreshing.org)  
Lorrie Rose (near 72nd and Barry Rd) - [Lorrierose.lr@gmail.com](mailto:Lorrierose.lr@gmail.com)

## Psychiatry

Dr. Christine Trueblood - Lilac Center - 816-221-0305

## Local Prayer Ministries

Soul Healing in the City - <https://soulhealinginthecity.com/>  
Freedom Fighters\* - <https://freedomfightershq.org/start-here>

## Abortion Recovery

If Not For Grace Ministries - [www.infg.org](http://www.infg.org)

## Sexual Addictions

Kim Jones (for women) - [www.restorationpathways.com](http://www.restorationpathways.com)  
Darrell Brazzell (for men) - [www.newhope4si.com](http://www.newhope4si.com) (in Lawrence)

## National Organizations

*(Additional counseling resources may be available through these organizations.)*

Lydia Discipleship Ministries\* - <https://www.lydiadm.org/>  
Melissa Finger - [www.melissafinger.com](http://www.melissafinger.com) (for books and videos)  
Beth Combs - <https://informedbodyhealing.com/>

*DISCLAIMER: While we are not responsible for the quality of care you receive at these organizations, each of these organizations are known within our network for helping people in their healing and recovery from life's challenges. No single organization is a perfect match for everyone. If you are seeking help, and you do not find a good counseling fit on your first try, keep trying! You are worth it!*

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